

QUEEN OF REALITY TV IS BACK, BABY

RUPAUL'S ALL-STARS DRAG RACE EXPECTED TO BE FIERCE AS PAST CONTESTANTS COMPETE FOR GLORY PAGE 14

EDMONTON (R)

Monday, October 22, 2012



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Hotel gives guest the great indoors

Fairmont Hotel.

Staff place tent, s'mores, lanterns and champagne in room

ANNALISE KLINGBEIL

Gordon Relph didn't have a chance to go camping this summer, so when he booked a hotel room for a vacation to Edmonton, he made a special request. "I asked the Fairmont, 'Can

you do me something special? Can you put a tent in my room?" Relph said. The Fairmont delivered,

and then some.

When the 27-year-old Calgarian opened the door to his Edmonton hotel room on Friday he found a tent, lanterns.

"They were the best s'mores I've ever had."

Gordon Relph, hotel quest

champagne, s'mores and even a note stating "open fires" were not allowed, but there was a microwave to heat up the marshmallow treats.

"The s'mores were deli-cious," Relph said. "They were the best s'mores I've ever had."

Relph, who was visiting Edmonton with his girlfriend for the comic convention, posted photos of the tent and treats on photo sharing site Imgur, where they have been viewed more than three mil-

Relph slept in the tent, on the bed, and said he was impressed by the hotel's willingness to accommodate his odd request.

"It's that extra step that (companies) take that people care about," he said.

It's not the first time

Relph's unusual hotel room requests have been taken care of, photographed and viewed by millions.

In August, Fairmont Hotel staff in Winnipeg provided him with extra pillows and blankets, instructions on how to build a fort and a basket of goodies.

At the time, a spokesperson for the Fairmont Winnipeg told Metro Winnipeg that Relph's quirky request for a pillow fort wasn't that unusual.

"Oddly enough, this isn't a one-off — we deal with an interesting mix of clientele here and we get some pretty off-the-wall requests," Jacques Laverene said.

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Bullying. Outers claiming they're now targets

Three Calgary-area women running a Facebook page created specifically to combat cyberbullying claim they are now being verbally abused and have notified police.

Melissa Buck, co-creator of the "We are against bullying" page, said their actions came in response to negative comments and photos flooding the web after the suicide of B.C. teenager Amanda Todd earlier this month after years of torment and threats from a sexual predator.

In one instance, a member of Buck's Facebook group went so far as to contact the Toronto-based employer of a man over his hurtful posting about Todd, leading to his dismissal from the company.

But the group's actions have also drawn criticism — YouTube videos and Facebook pages have emerged specifically targeting the three local women at the centre of the effort.

fort.

"It's very ironic," Buck said, adding while she finds the threats hollow, one of her fellow administrators withdrew from the group entirely after insults began popping up. "I have asked everyone to please not target people anymore because of the backlash

One of the men Buck specifically referenced as taking aim at her group is 22-year-old Maryland blogger Carl Sherburne. Reached by Metro Sunday, however, Sherburne claimed he's simply taking issue with

the group's approach.

"I just don't believe that chasing after pictures of Amanda Todd that are all over the Internet is going to help anyone," he said, adding he's been in touch with bullying victims since Todd's death and believes helping prevent further tragedy is more important.

IREMY NOLAIS/METRO IN CALGARY



Edmontonians given a hand at Homeless Connect

Free services. An estimated 1,800 people take advantage of ninth biannual event providing a wide range of services

ANNALISE KLINGBEIL

annalise.klingbeil@metronews.ca

Hundreds of homeless and at-risk Edmontonians got their hair cut, teeth cleaned and clothes laundered at the Shaw Conference Centre on Sunday. Sixty-five service provid-

Sixty-five service providers were on hand to offer help to an estimated 1,800 people as part of Homeless Connect, a biannual event that provides free services to homeless and at-risk individuals.

From immunizations to counselling, clothing, help with taxes and warm meals, the centre was packed with people of all ages accessing a wide range of essential services.

"When you come to Homeless Connect, you definitely see a lot of variety," said Susan McGee, CEO of Homeward Trust Edmonton, an organization which helps to manage the event.

"It really speaks to the fact that any one of us could

experience homelessness."

While getting her long brown hair cut, Rosemarie Andruchow said it's important the community hold

events for people who can't afford essential services.

"It's just absolutely awesome," Andruchow said.

As attendees browsed for winter coats, picked up diapers and learned about organizations that can help remove barriers to housing, McGee said many people that are homeless may not know what support is available to them.

"Everybody here has their own story in terms of how they became homeless and what challenges them in terms of maintaining their housing," she said. Homeless Connect has

Homeless Connect has been held twice a year in Edmonton since 2008.

McGee said attendees find out about the event through agencies, word

Helping the homeless

The biannual event provides essential services to homeless and at-risk individuals.

- Volunteers. Sunday's event featured 65 community organizations and more than 400 volunteers helping an estimated 1,800 quests.
- Thousands helped. More than 10,000 homeless and at-risk people have been helped through Homeless Connect Edmonton since its inception in 2008.

of mouth and during the homeless count, which took place last week.

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metre 04 NEWS metronews.ca Monday, October 22, 2012

Committee. Altered parking hours could be downtown draw

Parking downtown at night could become a lot cheaper with just a minor tweak to the city's parking rates. In July, Coun. Jane Batty

In July, Coun. Jane Batty asked administration to look into when evening parking rates begin, hoping to push them ahead to 5 p.m. from the current start time of 6.

time of 6.
City administration identified four city-controlled parking lots where the evening rate starts at 6. After doing vehicle counts and some estimation, they determined that moving the rate up an hour would cost city coffers about \$80,000.

Coun. Kerry Diotte says he certainly sees the merit in making the change.

"If more people are lured to stay downtown based on something simple like this, then why not?" asked Diotte.

Diotte also raised the idea that the change would pay for itself if more people



are convinced to stay downtown for the evening. "I think it is worth looking at."

The issue will be brought to council's executive committee on Monday. Any proposed changes to the city's rates would have to be introduced then.

RYAN TUMILTY/METRO

Eager

Oilers forward charged after Toronto melee

Edmonton Oilers leftwinger Ben Eager is facing assault charges after a brawl at a Toronto pub.

Toronto police confirmed the 28-year-old Ottawa native and his brother, Michael, had been arrested and charged with assault after an "altercation" at the Quail and Firkin.

Police said Eager and his brother, who were arrested early Saturday, have since been released.

Eager has been with the Oilers since 2011.

Fatality

Man drowns near Athabasca over weekend

A 60-year-old man is dead after falling into Calling Lake and drowning on Saturday

Saturday.
Athabasca RCMP were called around 4:30 p.m. on Saturday afternoon, after witnesses watched as Henry Clarence Houle fell into the lake from a canoe while pulling in a fishing net.

Rescuers worked until nightfall and found the canoe and net on Saturday, but they had to call off the search. Houle's remains were found Sunday morning. METRO

expo packs 'em in

Pop culture. Organizers are already thinking ahead to next year

RYAN TUMILTY

UMILTY

The came from a galaxy far, far away, from once upon a time and from Gotham City, but they came in droves Big draws like Burt Ward

Big draws like Burt Ward and Julie Newmar from the 1970s Batman television show and Billy Dee Williams

Quoted

"When the people of Edmonton respond and they come out, the con has no option but to expand and do more."

Jay Bardyla, owner of Happy Harbor comics, on the success of this year's comic expo.

City's first comic

from Star Wars brought thousands to the Edmonton Comic and Entertainment Expo at the Edmonton Expo Centre this past weekend.

In its first year, the expo has been more than organizers could have hoped for, says event director Kandrix Foong. "We had over 7,000 people here yesterday," said Foong. "We have been able to show that we can get people through the doors, so now we can go after some of the bigger-name guys."

Jay Bardyla, owner of Edmonton's Happy Harbor Comics, says the expo is a

great way to expose people to comic books.

"What we really want

oll; Lisa Josephson, dressed as Steampunk Lady; and

"What we really want to do is try and capture the audience that is here for more pop-culture things, autographs or other shopping," said Bardyla.

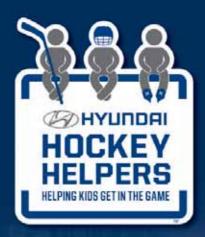
He says Alberta is a hotbed for comic books and the expo should only grow from here.

"The province of Alberta is the largest comic-book market in Canada and has been for quite a while," said Bardyla. "More comic books are sold in Alberta than in Optorie"

Did you know? Each month, more than 15,000 people receive support from local food banks.







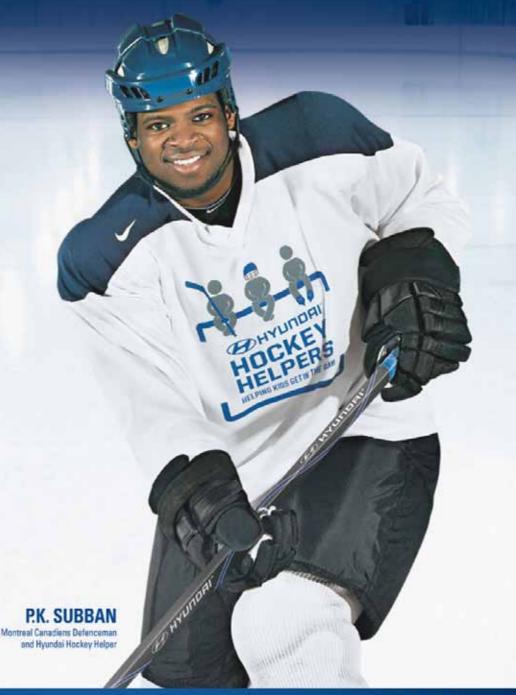
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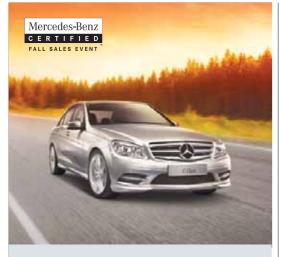
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Presidential race neck-and-neck before last debate

U.S. President Barack Obama and Mitt Romney face off in their third and final prime time debate on Monday in the critical swing state of Florida as each man looks for the knockout punch that could break their dead heat in the polls with just two weeks until election day.

On the eve of their foreign policy debate in Boca Raton, a new NBC News/ Wall Street Journal survey showed the men are tied at 47 per cent.

THE CANADIAN PRESS

Obituary

1972 candidate George McGovern dies at 90

George S. McGovern, a proud liberal who argued fervently against the Vietnam War as a senator from South Dakota and suffered one of the most crushing defeats in presidential election history against Richard Nixon in 1972, died before dawn Sunday. He was 90.

McGovern was a decorated World War II bomber pilot, helped create the Food for Peace program and spent much of his career believing the United States should be more accommodating to the former Soviet Union.

THE ASSOCIATED PRESS



Lebanon rages over assassination

Violent protest. Syria blamed for death of intelligence official

Lebanese security forces unleashed a barrage of gunfire and tear gas in central Beirut on Sunday to disperse hundreds of protesters trying to storm the government headquarters after the funeral of a top Lebanese intelligence official who was killed by a car bomb.

The protesters blamed the assassination on the government of neighbouring Syria and consider Lebanon's current government to be too close to that embattled regime.

Many also chanted against Hezbollah, the Lebanese militant group that dominates the government and serves as

the Damascus regime's closest Lebanese ally.

As the battle raged, with

protesters and security personnel pelting each other with hunks of concrete, metal bars and tear gas canisters, former Prime Minister Fuad Saniora appealed for calm.

"The use of violence is un-acceptable and does not repre-sent the image that we want," Saniora said in a televised ad-

Even before Friday's bombing, the civil war in Syria had set off violence in Lebanon and deepened tensions between supporters and opponents of President Bashar Assad.

Sunday's clashes erupted after the funeral for Brig. Gen. Wissam al-Hassan, who was killed along with his bodyguard by a Beirut car bomb on Friday Al-Hassan, 47, was a powerful

Al-Hassan was buried in Martyrs Square near former prime minister Rafik Hariri, another anti-Syrian politician who was assassinated by a truck bomb in 2005.

- Massive street protests forced Damascus to withdraw tens of thousands of troops from the country and end nearly 30 years of domination.
- The scene at Sunday's funeral was reminiscent of those huge, anti-Syria gatherings, but with much smaller crowds.

opponent of Syria in Lebanon. THE ASSOCIATED PRESS

Cuba. Rumours of Fidel Castro's death greatly exaggerated

Former Venezuelan Vice-President Elias Jaua said Sunday that he met with aging revolutionary icon Fidel Castro for five hours and showed The Associated Press photos of the encounter, quashing persistent rumours that the former Cuban leader has died, was on his deathbed or had suffered a massive stroke.

Jaua also confirmed that the 86-year-old retired Cuban president accompanied him to the Hotel Nacional after their meeting Saturday, which they talked about

politics, history, culture and tourism.

Jaua showed a photograph of himself in a minibus along with the former Cuban leader, Castro's wife, a hotel executive and several other people. The photo shows Jaua and Castro smiling broadly, and the former Cuban leader is wearing a checked shirt and cowboy hat.

The public appearance was Castro's first in months. He has also ceased writing his once-constant opinion pieces. the last of which appeared in June. THE ASSOCIATED PRESS

Opening doors. Cuba risks mass exodus with free market reform

Cuba seems to be betting that its decision to allow most of its citizens to travel abroad freely will be as good for its economy as it is for its public relations.

The announcement comes as the communist island nation carries out a cautious free-market experiment to reform Cuba's economy. Among the measures is a plan to fire one million state workers and allow more entrepreneurship.

Cuba's leaders seem confident that lifting exitvisa requirements will not produce an embarrassing exodus. Instead, experts say, a controlled migration might provide an outlet for unemployed workers, and Cubans might return with experience in market economies.

Under the new provisions taking effect in January, Cubans may stay abroad for two years before forfeiting full citizenship rights; previously the limit was 11 months. Another provision allows Cubans who have emigrated for good the opportunity to apply to return. THE ASSOCIATED PRESS



Aboriginal saint a first for Canada

Nuns hold images of Kateri Tekakwitha, Canada's first aboriginal saint, as they wait for the start of her canonization ceremony celebrated by Pope Benedict XVI, in St. Peter's Square, at the Vatican on Sunday. ANDREW MEDICHINI/THE ASSOCIATED PRESS

Fatal spa shooting may be related to domestic dispute

Restraining order.

45-year-old suspect in deadly rampage had recently been arrested

A man who had been accused of domestic violence and slashing his wife's tires took a gun into the spa where she worked and shot seven women, three fatally, before killing himself, a police chief said.

The shootings set off a confusing, six-hour search Sunday for the gunman that locked down a nearby mall, a country club adjacent to the spa and the hospital where the survivors were taken.

Obsolete offences

Criminal Code doesn't need big overhaul: Study

A new study of Canada's sprawling Čriminal Code found only a handful of irrelevant offences still on the books. The Justice Canada project was intended to determine whether the code has so many obscure, obsolete offences that it needs a major overhaul.

But the study found only five Criminal Code sections with zero charges prosecuted in the decade ending 2006, drawing on court databases. THE CANADIAN PRESS



Authorities said it would take time to sort out exactly what happened. At a news conference Sunday night, Mayor Steve Ponto called the shootings "a senseless act on the part of one person."

The chaos started around 11 a.m. at the Azana Day Spa, a two-storey, 9,000-square-foot building across from a major shopping mall. The first officers on the scene found the building filled with smoke from a fire authorities believe was set by the suspect, Radcliffe Franklin Haughton, 45, Police Chief Dan Tushaus said.

Haughton had recently been arrested after witnesses identified him as the person who slashed his wife's tires, police said. He appeared in court Thursday. A four-year re-straining order was issued, and Haughton was ordered to turn any firearms over to the sheriff's department.

THE ASSOCIATED PRESS

Politics. Bills spell big changes for environment, aboriginal policies

Over several months of omnibus bills, amendments, regulations and tinkering with long-standing conventions, Ottawa has undertaken a series of adjustments that add up to undeniably profound changes in both environmental and ab-

original policy.

Bill C-45, the 457-page budget omnibus bill tabled this week in the House of Commons, is the latest instalment in what may seem like evolutionary changes.

"It is all about jobs, invest-ment and opportunity," For-eign Affairs Minister John Baird



told the House on Friday.

Aboriginal groups and environmentalists, however, say they are deeply disturbed both with the new directions and the stealthy way those directions were undertaken.

THE CANADIAN PRESS



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Uruguay

Activists win the abortion battle

Uruguay has legalized abortion and is drawing up plans to sell govern-ment-grown marijuana.

President Jose "Pepe" Mujica, a former leftist guerrilla, vowed to sign whatever bill congress could settle on that can minimize the 30,000 illegal abortions his government says Uruguayan women suffer annually.

Lawmakers have yet to debate pot sales, but Mujica's ruling Broad Front coalition in August openly declared that the drug war has failed. Smoking pot is already legal in Uruguay, and supplying the weed is a \$30-million business, the government said. THE ASSOCIATED PRESS

Fighting flares in Gadhafi bastion

Pro-government militias battled fighters in a former stronghold of the late Libyan dictator Moammar Gadhafi on Sunday, the fifth straight day of clashes that have killed at

least 30 people in Libya. The fighting in Bani Walid, some 140 kilometres southeast of Tripoli, has overlapped with the anniversary of Gadhafi's capture and killing on Oct. 20, 2011. A year since his death brought an end to Libva's civil war, Bani Walid is the most significant city in the country to still resist the nation's new authorities.

In Tripoli, about 200 protesters demonstrated in front of the parliament building to urge the end of the fighting, which they say is harming only civilians

THE ASSOCIATED PRESS



Nepalese celebrate traditional festival

Nepalese devotees play traditional instruments during the Shikali festival in Khokana on the outskirts of Katmandu, Nepal, Sunday. Participants sacrifice animals to get the blessing of deities during this festival. NIRANIAN SHRESTHA/THE ASSOCIATED PRES

Iran keeps hope of nuclear talks alive

Uranium enrichment.

The United States and its allies fear Tehran could quickly move to weapons-grade material

Iranian officials have made no secret about their desire to reopen nuclear talks with the U.S. and other world powers as economic sanctions dig deeper — with Iran's su-preme leader even depicting his envoys as waiting at the negotiating table.

But Tehran's proposals remain essentially echoes of demands made during previous rounds of dead-end talks that tried to force the West into a corner: Whether or not to allow the Islamic Republic to keep some level of uranium enrichment despite worries the labs could become the foundation for an eventual nuclear weapons program.

Iran has signalled it could open bargaining over its highest-level uranium enrichment — now at 20 per cent — in exchange for stepby-step easing of sanctions and international acknowledgment that Tehran has the "right" to make lowergrade nuclear fuel. Iran also could push to expand the agenda to include regional issues such as the Syrian civil war against Tehran's kev

- France's Foreign Minister Laurent Fabius said Iran appears on track to reach the ability to produce a nuclear weapon by the first half of next
- Israeli Prime Minister Beniamin Netanyahu told the UN General Assembly last month the world has until next summer at the latest to stop Iran before it can build an atomic bomb.

ally, Bashar Assad. THE ASSOCIATED PRESS

Kuwait. Police fire tear gas at protesters defying ban against marching

Police in Kuwait used tear gas and stun grenades Sun-day against anti-government protesters defying orders not to stage marches through the Gulf nation's capital.

Demonstrators were allowed to gather outside parliament to protest changes in voting rules for elections set for Dec. 1. But other groups broke away and staged defiant processions through Kuwait City. No injuries were immediately reported, but the clashes highlighted the deepening tensions between Kuwait's Western-allied rul-

New rules

uwait's emir amended balloting rules to end the practice of multiple votes per person and impose a one-vote system.

ing family and opposition factions led by Islamists.

Opposition groups have objected to changes in voting rules for the upcoming elections that they claim could undercut their rising clout in the oil-rich nation.

THE ASSOCIATED PRESS

Guatemala. Soldiers' arrests mark shift in country's justice system

Protesting high electricity prices, thousands of unarmed indigenous demonstrators blockaded a highway in western Guatemala Oct. 4, forcing a standoff with police. Two truckloads of soldiers arrived and gunfire erupted, killing eight protesters and wound-

What happened next was virtually unprecedented in a country scarred by decades of civil war as well as violence against its indigenous majority and years of impunity for its powerful military. Authorities actually investigated the violence, and the alleged

perpetrators were arrested. Within a week, prosecutors had detained eight army privates and a colonel on criminal charges. Two privates and the colonel could each face a maximum penalty of 500 years in prison for extrajudicial assassination while six privates could face up to 320 years each for attempted murder with intent. An accompanying report said soldiers had ignored police instructions to stay away from the protest.

THE ASSOCIATED PRESS

Palestinians snub Fatah in local elections, analysts say



Independents. Fatah loses council majorities in five towns; Hamas boycotts election

Palestinian election cials said Sunday that voters choosing new local councils in the West Bank rebuffed candidates from President Mahmoud Abbas' Fatah movement in five of the 11 main towns, an apparent blow to the Palestinian leader.

Fatah had hoped to revive its flagging political legitim-acy with Saturday's municipal elections, the first voting in the Palestinian territories in more than six years. With main rival Hamas boycotting the election, Fatah counted on a strong endorsement from voters.

Fatah won local council ma-

Analysts portrayed the outcome as a blow to Fatah's leadership.

"The elections reflected people's disappointment in the leadership's ability to lead them to a common goal," said pollster Nader

jorities in six towns, but lost in five others, a performance some said fell below expectations. In four of the towns where Fatah lost, including Ramallah, the seat of Abbas government, voters preferred independent lists dominby Fatah breakaways. In a fifth, biblical Bethlehem, never a Fatah stronghold, leftists and independents won.

East Jerusalem

PM vows to keep building on occupied land

Israel's prime minister pledged to continue building in east Jerusalem on Sunday, despite objections from Palestinians who claim the territory as capital of their hoped-for state.

Benjamin Netanyahu spoke Sunday after the European Union's foreign policy chief criticized plans to build 800 new apartments and a military college on contested land, which the international community considers to be under Israeli occupation.

'We are not imposing any restrictions on construction in Jerusalem," Netanyahu told his cabinet.

"It is our capital."
A top aide to Palestinian President Mahmoud Abbas promptly accused Netanyahu of deliberately destroying prospects for peace.

The Israeli leader's comment "comes in the context of the continuing destruction of the peace process and the two-state solution," Nabil Abu Rdeneh said. THE ASSOCIATED PRESS

Bollywood

'King of Romance' dies of dengue fever at 80

Bollywood movie mogul Yash Chopra died Sunday in Mumbai more than a week after he contracted dengue fever, a doctor said. He was 80.

Known as the "King of Romance," Chopra had a Hindi-language movie-making career that spanned five decades. His latest movie, Iab Tak Hai Iaan (As Long As I Am Alive), is scheduled for release across India next month. THE ASSOCIATED PRESS



Syrian army sniper guns down civilian

A civilian is shot in his stomach on Saturday as he tries to escape the line of fire after he was targeted by a Syrian army sniper while walking near the frontline in Aleppo, Syria. Aleppo, where Syrian rebels are fighting government forces, is the country's largest city and its former business capital. NARCISO CONTRERAS/THE ASSOCIATED PRESS





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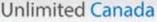


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Halloween no longer a PR nightmare for cats

Black, orange and calico felines. Until recently, there were concerns they could be abused if adopted over Halloween

Bans on the adoption of black cats at Halloween were commonplace until a few years ago, as many worried the animals would be harmed by pranksters or animal abusers

But animal-welfare activists say the dark-coated felines are proving they aren't as much of a target this time of year as previously thought. Now, at least two major animal-welfare groups are deliberately promoting the adoption of black cats in October, saying the furry felines could use the marketing boost.

"Realistically, we've consulted with our investigations department and they don't

"All this urban myth was doing was preventing us from getting black cats into homes ... It wasn't actually doing anything to deter people who are trying to get cats for bad purposes.'

Melanie Coulter, executive director of Windsor/Essex County Humane Society

see an increase of cat-cruelty cases," said Alison Cross, senior communications manager at the Ontario SPCA.

The group is offering a \$5

discount on black, orange and calico cats in the days leading up to Halloween, and dismisses concerns about the animals being at risk. THE CANADIAN PRESS



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Halloween horror

Relative shoots girl, 9; thought she was a skunk: Cops

Police say a costumed nine-year-old girl was accidentally shot outside a western Pennsylvania home during a Halloween party by a relative who thought she was a skunk.

New Sewickley Township police say the girl was over a hillside and wearing a black costume and a black hat with a white tassel. Chief Ronald Leindecker says a male relative mistook her for a skunk and fired a shotgun, hitting her in the shoulder Saturday night.

Leindecker tells the Beaver County Times that the girl was alert and talking when she was flown to a hospital in Pittsburgh, about 50 km away. THE ASSOCIATED PRESS

Medical lawsuit

Son pronounced dead, but it wasn't true: Parents

The parents of an eightyear-old boy who has had severe brain damage for years have sued a Chicago hospital, alleging that doctors pronounced their son dead, keeping him off his ventilator for hours, even though relatives continued to insist that the boy's eyes and body were still moving. The lawsuit filed this

week by Sheena Lane and Pink Dorsey on behalf of their son, Jaylen Dorsey, accuses Mercy Hospital and Medical Center of negligence in the February incident and alleges that five hours passed before staff performed a cardiac ultrasound, which showed his heart was beating. THE ASSOCIATED PRESS



Underwater pumpkin carving

Cat Rambo carves her interpretation of Republican presidential candidate Mitt Romney at the Underwater Pumpkin Carving Contest Sunday, in the Florida Keys National Marine Sanctuary off Key Largo. Organized by the Amoray Dive Resort, the event attracted 42 divers who participated or watched. Bob care/florida keys news bureau/the associated press

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Harnessing Africa's growth

Africa 2.0. A network of emerging leaders wants to rebrand the continent, encourage entrepreneurship and capitalize on stability



ELISABETH BRAW Metro World News in Londor

In Addis Ababa, donkeys and goats graze by a street, with a Facebook and Internet café for a backdrop. There are shacks, open pits, garbage pickers — and young entrepreneurs toting iPads.

But Ethiopia is not the only African country with rapid growth. Last year, Ghana was the world's fastest-growing economy, according to the Africa Progress Report. Among the others in the world's top 10: Congo, Mozambique, Nigeria, Zimbabwe and the Democratic Republic of the Congo. Welcome to Africa 2.0.

"Africa has one billion people, and will have two billion by 2040," notes Mamadou Toure, a young former JP Morgan banker who now works for the International Finance Cor-

Quoted

"We know we can't change 55 countries overnight. But many are willing, and the others will follow due to the force of success."

Mamadou Toure, an executive with the International Finance Corporation and a founding member of the Africa 2.0 network of emerging leaders

poration.

"It's a very young population. That's a huge potential workforce. And, thanks to democratization and stability, many Africans are returning from the diaspora. These young Africans are better educated, too. And all of this attracts investors as well."

Toure, who was born in Senegal and grew up in France, is one of the founders of Africa 2.0, a network of emerging African leaders in politics, business and civil society.

Stability has led to impressive growth in former war zones like Rwanda, whose economy grew by nearly seven per cent last year, powered by tourism and exports of tea and coffee.

"Rwanda, Uganda and Gha-



na are good cases in point," says Lina Mohohlo, Governor of the Central Bank of Botswana and a board member of the Africa Progress Panel, a group of international leaders monitoring African development.

"Their economic growth is underpinned by policy reforms, the gains from diversifying the economies, growing exports related to growing international demand and rising commodity prices. There's no reason why the continent shouldn't sustain this positive development."

In Accra, the capital of Ghana, Vodafone is building shiny new headquarters. Indeed, a whole new Airport City is rising around the ramshackle airport.

Toure knows Africa's remaining challenges well. "Sev-

eral years ago, young Africans were starting to move back, but Africa was still the Dark Continent, with frequent coups.

"Now that's changing. Young Africans want to rebrand Africa, introduce best practices, establish a vision for our continent. And we have to make sure our growth is shared. That's why entrepreneurship is so important."

Africa outpaces the worl



Of the world's 10 fastestgrowing economies, eight are African:

- **1** Ghana: Strengths are agriculture (predominantly cocoa), oil, tourism **2** China
- **3** Republic of Congo: Strengths are oil, minerals, engineering **4** Ethiopia: Strengths are
- **4 Ethiopia:** Strengths are agriculture (predominantly coffee), textiles, manufacturing
- turing **5** India
- **6 Mozambique:** Strength is aluminum
- **7 Nigeria:** Strengths are telecommunications, construction, retail, manufacturing
- **8** Rwanda: Strengths are agriculture (predominantly tea and coffee), tourism, minerals
- **9** Democratic Republic of Congo: Strengths are agriculture, minerals, construction
- **10 Zimbabwe:** Strength is



A presidential debate spectator uses her phone to take a photo of Will.i.am earlier this month in Denver, Colo. Smartphone thefts in the U.S. are costing consumers millions of dollars. GETTY IMAGES FILE

Wave of brazen cellphone thefts in U.S. leaves authorities, carriers scrambling

In San Francisco, a tech-savvy city teeming with commuters and tourists, the cellphone has become a top target for robbers who use stealth, force and sometimes guns.

Nearly half of all robberies in San Francisco this year are cellphone-related, police say, and most occur on bustling transit lines. One thief recently snatched a smartphone

while sitting right behind his unsuspecting victim, then darted out the rear of a bus in mere seconds. Another robber grabbed an iPhone from an oblivious bus rider — while she was still talking.

And, in nearby Oakland, Calif., City Council candidate Dan Kalb was robbed at gunpoint of his iPhone Wednesday after he attended a neighbourhood anti-crime meeting.

These brazen incidents are part of a ubiquitous crime wave striking coast to coast in the U.S. Thefts of cellphones — particularly expensive do-itall smartphones — are costing consumers millions of dollars and sending law enforcement agencies and wireless carriers nationwide scrambling for solutions. THE ASSOCIATED PRESS

Ethical funds. Oilsands must reduce

By the numbers

40%

New York City Police report that more than 40 per cent of all robberies now involve cellphones. And cellphone thefts in Los Angeles, which account for more than a quarter of all the city's robberies, are up 27 per cent from this time a year ago, nolice said.

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Canada-EU free trade

Patent drug makers tout research spending

As trade talks with Europe enter the final stretch, Canada's patent drug industry is making a final push to sell its brand of medicine to Canadians.

This week, Canada's Research-Based Pharmaceutical Companies will release three studies in an effort to show they have kept their word on research spending and that, nevertheless, the situation is getting dire.

One report from KPMG, which will almost certainly be contested by critics, suggests spending by the industry in Canada has been underestimated and is at about the 10 per cent level of sales it promised in the 1980s when the government of Brian Mulroney controversially extended patent protection.

The public relations push dovetails with the last scheduled negotiation session for the Canada-EU free trade agreement, where patent protection is a key issue. Talks are slated to end this week with the aim of signing a high-level deal by the end of the year. Europe has made nudging Canada to adopt its standards on pharmaceutical patents and data protection a key demand. THE CANADIAN PRESS

risk potential, investors group says

An international group of ethical funds with investments in Alberta's oilsands is concerned the industry's environmental performance could be creating financial risk.

"We recognize the economic significance of the resource," the group says in a statement to be released Monday.

"But (we) are concerned that the current approach to development, particularly the management of the environmental and social impacts, threatens the long-term viability of the oilsands as an investment"

The statement is signed by 49 funds. Some are controlled by labour and church groups, such as the United Church

Quoted

"We're certainly not claiming that the industry is ignoring these issues. What we're saying is that we need to dramatically speed up the pace of innovation."

Andrew Logan of Ceres, a Boston-based group that works to advance environmental causes through the financial sector.

of Canada and the Canadian Labour Congress. There are also public-sector pension funds from both sides of the border and private funds from Canada, the U.S. and Furone

the U.S. and Europe.

Together, they control about \$2 trillion, some of which is invested in companies active in the oilsands. Their statement was co-ordinated and released by the Boston-based group

Ceres, which works to advance environmental causes through the financial sector.

The funds say the oilsands industry is not reducing its greenhouse gas emissions or its water use fast enough. They're concerned about the lack of information on land reclamation liabilities and worry about lawsuits from aboriginal groups.

THE CANADIAN PRESS

BREAKING DOWN THE COST OF **DOWNTOWN ARENA & PARKING**



COMPASS

I wonder if there are 50,000 people in this city that would pony up \$10,000 or more to

build a downtown arena.

If that were the case, it would give the city \$500 million

to build it without siphoning off tax dollars that could be used to do all the other things the city must do.

Perhaps there aren't enough Edmontonians with that kind of available cash. But it is certainly within the power of the city to create a bond issue to raise funds. It could give Edmontonians first crack at buying the bonds and then float them on the open market.

I suspect that if the city rented the space to the Oilers and

Floating an idea

It is certainly within the power of the city to create a bond issue to raise funds (to build a downtown arena).

received all or a portion of the concession revenue, it would be more than capable of offering a reasonable yield if the bonds were held to maturity.

I don't know the ins and outs of such an approach, but I believe it is worth examining. In the end, we would own the arena and all Edmontonians would benefit.

I like that a whole lot bet-

ter than putting more money into the pockets of someone who already has more than enough dough.

As you may recall, it was widely reported that Calgary is one of the worst places on the continent to drive and it has one of the highest costs in North America for parking in the downtown core. On the face of it, that is pretty negative situation.

However, when one door closes another opens. In July, that door opened on Cars2Go in Calgary.

As I was walking around Calgary's downtown the other day, I noticed branded Smart Fortwo vehicles in some very desirable parking spaces.

After signing up for \$35, you can rent one of these vehicles for \$0.35 per minute to a maximum of less than \$13 per hour. You can park them at a meter without having to pay and there are designated parking zones around the downtown.

I think what Cars2Go offers is pretty sweet and something Edmonton should give a close look. Given our winters and the cost of parking, it might just work here, as well.

As the LRT expands, more people will be coming down-town without cars unless they need their cars to do business.

The Cars2Go approach just might help reduce the number of vehicles in the core every day.
That would be a good thing. Yes?

Not-so-smart cookie

That sweet tooth could rot your brain, study says

Bad news sugar lovers: A diet high in fructose won't just make you fat; it may also make you stupid, according to research out of California.

A steady high-fructose diet disrupts the brain's cognitive abilities, leading to poor learning and memory retention, says a study by Fernando Gomez-Pinilla, a neurosurgery professor at the David Geffen School of

Medicine at UCLA and Rahul Agrawal, a visiting UCLA postdoctoral fellow from Îndia.

"This type of diet. . (affects) the transmission of information across cells. Learning and memory and practically any type of brain function depend very much on how transmission is transported across cells," Gomez-Pinilla said in an interview with Torstar News Service.

Research has already proven a high-fructose diet leads to a slew of health concerns, including obesity, diabetes and fatty liver. TORSTAR NEWS SERVICE

Rage against the machine



'Wild' life

Angry elk vents fury on family car

This angry elk started attacking passing cars after having a fight during mating season.

The fuming animal, which had been clashing with other male elk, lashed out at tourists who had stopped to watch the beasts at Yellowstone National Park in Wyoming.

It is rutting season and male elks (bulls) are trying to attract the attention of female elks (cows) to breed

"In the process of trying to win over a harem, the elks battle each other," the photographer, Keith Crowley, explained. metro

Photographer's viewpoint



"In their heightened state, they will also attack

anything they see as a threat to 'their' cows, including pedestrians and vehicles."

Wildlife photographer Keith Crowley, 51, from Wisconsin.

Crowley said drivers couldn't resist slowing down to take a look at the gathering of around 60 elks one evening.

Elk

- Population in Yellowstone. They are the most abundant large mammal found in Yellowstone: more than 30,000 during the summer and roughly 15,000 to 22,000 in the winter. Elk have frequented Yellowstone for more than 900 years.
- Rut is a riot. During the breeding season (September to mid-October), bulls coat themselves in mud to 'perfume' themselves to attract mates, Bulls spar each other with antlers and cry out a series of low pitched bellows (known as bugling) to establish their dominance over a certain

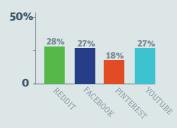
By the numbers

The number of vehicles that were damaged by one bull, Crowley counted. The nature photographer said visitors are unaware that by slowing down their cars to catch a glimpse of an elk, they can cause an attack. "Despite an abundance of signs warning of the danger and park rangers shouting instructions to keep moving, most drivers simply slowed down," he said. "They appeared unaware that the bulls might actually attack their vehicles.

Panel

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What's the best time-waster website?





Just had an awesome drum circle and smoked a cop in the face with a dodgeball! @HConnectE #yeg #yegHC #yegdt

My rant of the day goes to drivers on 137th... you DO realize you can go the speed limit right??? #yeg

@mehsuria:

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these days @doniveson #yegcc

@me_is_me_not_u: What an awesome day to grab some friends and play some football and grab some food n drinks man I new friends ACK

@MikeyB0101:

#yeq

LRT tracks are broken so no train between Stadium and downtown



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SGENE S



RuPaul gets revved up for an all-star Drag Race

Go big or go home.

Queen of reality TV brings former contestants back to avenge their losses and vie for top prize



EHRBAR Metro World News in Hollywood

After four seasons of fierce competition — with a fiercely loyal cult following — drag superstar RuPaul is giving 12 former contestants another shot at glory with RuPaul's All Stars Drag Race. But don't expect the outspoken host and judge to admit to any favourites.

So what's new on the show this season?

Well, obviously we have the all-stars, who are basically the Avengers of drag. These are the biggest and the best. They are avenging the fact that these are the girls who did not win the top prize, so they've got something

to prove. Even the weakest competitor has an incredible story to tell, because these are kids who come from backgrounds where they've been ostracized and shut out, and they've persevered. We all live in a patriarchal, masculine culture, and doing this kind of work, to go against the grain like this, is nothing short of heroic.

Do you have any favourites among the all-stars?

I'm the mommy, I cannot play favourites. Of course I have favourites, but I can't tell anybody (laughs). I have the best job in the world. I've always loved queens. I've always loved people who dance to the beat of a different drummer, and I've found myself in the best job in the world... I love creativity. I love to take something apart and rebuild it and see what makes it work. And when we're producing this show, before the cameras roll, we're putting together an ensemble of creative people to be our competitors, but we're also putting together these challenges that are really kind of life challenges in disguise

wrapped up in pretty, funny packages. So I love being creative, and that's what this job allows me to do. And also I get to usher these incredible entertainers into the big time, because our show is seen in 25 different countries around the world, so they become world-famous. Even the girl who's eliminated first becomes world-famous.

What do you think Canadian audiences are going to get out of it?

Well, they're going to get a whole lot of American attitude from queens who basically really are the tastemakers and phrase-makers of the world. When I was growing up, gay people were the arbiters of

For more info...

 Watch it. RuPaul's All-Stars Drag Race series will air exclusively on OUTtv on Mondays, premiering Oct. 22 at 9 p.m. ET/PT. Followed by the behindthe-scene series Untucked: All-Stars.

style, of lingo, and that's still true today, but not as much as it used to be, with all the blogs and everything. There's a lot of clever people out there. But our show gives you a whole vernacular, a whole attitude and actually a whole take on life that is courageous and adventurous.







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metronews.ca Monday, October 22, 2012

Songstress' Chinese heritage has helped build her success in Canada

Wanting to sing. Just shy of one million hits on YouTube, Wanting Qu's song Drenched combines her penchant for music and her business smarts

When she was last in China, Wanting Qu remembers standing outside her apartment, chatting idly with her makeup artist. The singer didn't notice the paparazzo surreptitiously snapping photos of the ex-change, but she sure noticed the next day when the pictures were published alongside a fabricated story about the innocuous conversation.

Contrast that incident with the scene in Toronto on Fri-day, when Wanting was led through a short photoshoot in a small downtown park. As she comfortably cycled through a series of well-practised poses, locals ate lunch less than a metre away, cheerfully oblivi-

Such is life for the 28-yearold, who first moved to Canada at age 16. She came here to earn a business degree, but wound up discovering her passion for music. Now a star in Asia, she's able to remain relatively anonymous in her adopted home, and that's fine

"I think when I want to write, and be focused, and just live life and feel emotion and normal things, (Canada) does that for me," said Wanting,

clad in a leather jacket and snug trousers, her wavy black hair wrapped over one shoul-

"Although not at my shows. My shows are still crazy.

Freshest in her mind is a gig Thursday at Toronto's Mod Club, which sold out a month prior. She raves about the enthusiastic crowd but notes that she's still feeling the effects, yawning and lamenting all the four-or-five-hour sleeps she's endured lately.

To put it lightly, it's been a busy few months for Wanting (whose English handle is a phonetic amalgam of her Chinese names). She released her debut full-length album

Everything in the World back in April. It's now approaching triple platinum status in China, while racking up similarly ample sales in Hong Kong

While she's still developing her audience in North America, this is where she found her sound. When she moved to Canada (first to the Toronto area before settling in Vancouver, in part due to the relatively harsher Ontario winters), she was fairly well-versed in pop but knew nothing of other genres, like blues, jazz and alternative rock.

Here, she fronted a rock band for a while and fell in love with the work of several Canadian artists - most notably, fellow Vancouver resident Sarah McLachlan. In 2005, still a student, Wanting scraped together enough money to buy a keyboard. She'd always been blessed with a full and precise voice, but she had never tried to write a song before. Her first was about an ex-boyfriend, and still many of her lovelorn

tunes centre on relationships. "That was the starting point of me trying to express myself through music," she said.

She had left China in part to escape the watchful gaze of her strict mother, but pursued the pragmatic business degree to appease her all the same. That economic acumen

McBride, who once steered the careers of McLachlan, Avril Lavigne and the Barenaked Ladies. Wanting eventually persuaded McBride to sign her and spend years collaborating on what would become her debut album. Still, Wanting herself

wasn't sure how much of an audience awaited her. She notes that she's something of an anomaly in China, where it's somewhat unusual for an artist to play instruments and write her own songs.

So when she posted a hastily recorded video of her performing her lovesick piano bal-lad Drenched in her Vancouver apartment to YouTube in 2010, she had low expectations.

"I was thinking, 'OK, maybe when I come back to this video in a long time, I'll probably get a thousand hits?"

She's now just shy of the million-hit mark, while more

"Here (in Canada), if I'd been very modest, people would take that as a lack of confidence. Over there in China, if you're very confident, that's like being not modest or you're just being cocky. People don't like you over there if you're too cocky."

Wanting Qu On getting her head around the cultural differences between the two nations

actually came in handy once Wanting decided she wanted a career in music. She began aggressively networking in Vancouver, trying to amass as many contacts as possible. She paid extra attention to Nettwerk Records founder Terry

polished clips for that tune and her You Exist In My Song have soared well past three million

"It got viral in China people just started sharing

THE CANADIAN PRESS









metronews.ca Monday, October 22, 2012



'Remarkably versatile director' brings Life of Pi to the big screen

Another Ang Lee epic.

As close as Lee came to the original novel, Martel was prepared for the book's meaty plot to be trimmed

A lot of people thought the epic novel Life of Pi could never be made into a movie. It was too complex, too surreal. And then there's the whole idea of sticking an actor in a boat with a man-eating tiger for a good chunk of the film.

Yann Martel, however, says he thinks director Ang Lee did a pretty good job of pulling it off. "It's very faithful to the

"It's very faithful to the book, it's visually absolutely stunning and it's a whole trip," the Canadian author said in an interview as people lined up to see the film version of his novel at Montreal's Festival du nouveau cinéma over the weekend. The movie will open across Canada next month.

Life of Pi, which has sold millions of copies worldwide since it was published in 2001, counts U.S. President Barack Obama among its fans. In a letter to Martel two years ago, Obama described the 2002 winner of the prestigious Man Booker Prize as "a lovely book — an elegant proof of God, and the power of storytelling."

But most filmmakers shrank from adapting it for the big screen after it was published. Even Martel acknowledges the dense plot has enough material for multiple movies.

Then came Lee, who was undaunted. Taking it on four years ago, he tackled the compelling adventure story of an Indian boy named Pi who is shipwrecked with a ferocious Bengal tiger, and combined the tale with cutting edge 3D technology. The technology works with the film's stunning

Quoted

"You can't use live animals in this type of thing, so it needed technology. It needed an incredibly determined director to do it and Ang Lee was that director."

Yann Martel

locales and exotic creatures to amazing effect and solves the problem of pairing actor Suraj Sharma, who plays Pi, with a carnivore. The computer-generated tiger is indistinguishable from the real thing. It even had members of the Montreal audience jumping in their seats when the hulking beast snarled and lunged.

Life of Pi, which premiered at the New York Film Festival in September, goes into wide release on Nov. 21.



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Victoria Justice has some Fun with Halloween film

Confusing Cleveland.

Ohio residents were thrown for a loop by Fun Size set, according to young actress

RICHARD **CROUSE**

For the people of Cleveland, Ohio, the shooting of the new comedy Fun Size was a surreal experience.

"It was really funny that we were filming this movie in the dead summer, hot and humid in Cleveland, when it was supposed to be October," said the movie's star, Victoria Justice.

"People that lived in Cleveland, normal people who weren't in the movie, got confused when they would drive by us and see all these Halloween decora-

But Halloween decorations in July weren't the only tricky aspect of the

shoot for Clevelanders. "Captain Chicken, where all the mayhem starts to happen," she says "is ob-viously a fake fast-food chain, but people in Cleve-land were actually signing up to try and work there. So that was hilarious.

"They were sending in job applications and we were like, 'Too bad this is going to be knocked down in two days!""

The 19-year-old Justice has been performing since age 10, first making a name for herself on Nickelodeon shows like Zoey 101 before headlining her own comedy show Victorious.

She's the first to admit that Fun Size's story of an out of control Halloween night is something a little different for her longtime

"I have a feeling they're really going to like it," she

"It is PG13, so I think teens and adults can enjoy it together. I think younger kids, if their parents let them see it, are really going to like it because it is a little naughty in parts.

The script's edge is what drew her to the project.

"I liked that it was a bit edgier than the scripts I had been reading and I loved that it was something dif-ferent, that it was a unique

Fun Size, which opens Friday, represents a turning point in her career, moving away from the kid stuff that made her a star and transitioning to a young adult star, but she's not stopping at movies and TV



"Captain Chicken, where all the mayhem starts to happen is obviously a fake fast food chain, but people in Cleveland were actually signing up to try and work there. So that was hilarious. They were sending in job applications and we were like, 'too bad this is going to be knocked down in two days!"

Fun Size star Victoria Justice

She says she wants to do more film, but is also concentrating on music ca-

"I am also writing my own music," she says. "I think I'm kind of creating my own sound, following my own path.

I'm writing about things I relate to or that I've experienced.

"I'm not sure what it will sound like exactly.

"I think it will fall under the genre of pop music but I'm not doing death metal or anything.

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Hedren was The Girl Hitchcock showed his dark side to

Revealing new film.

Talented but often nasty director made life hell for The Birds' actress, but she handled it with aplomb

After a private screening of HBO's The Girl held for Tippi Hedren, her friends and family, including daughter Melanie Griffith, the reaction was silence. Make that stunned silence, as the room took in the film's depiction of a scorned, vindictive Alfred Hitchcock physically and emotionally abusing Hedren during production of The Birds.

"I've never been in a screening room where nobody moved, nobody said anything," Hedren recounted. "Until my daughter jumped up and said, 'Well, now I have to go back into therapy."

Hedren, 82, as polished and lovely as she was tak-

Hedren, 82, as polished and lovely as she was taking her turn as a rarified "Hitchcock blonde" in The Birds (1963) and Marnie (1964), tells the story with a casual smile.

But her experience with Hitchcock, as detailed in The Girl, is as jarring to watch as one of the master's own dark suspense dramas. Sienna Miller (Layer Cake, Factory Girl) plays model-turned-actress Hedren, with Toby Jones (The Hunger Games, Infamous) as Hitchcock.

In one horrific sequence, the filmmaker withholds from Hedren that real birds, not mechanical ones, will be used in a scene in which she'll be attacked at close quarters. Then he subjects her to five days of shooting, take after take, leaving her injured and distraught.

A physician forced

Hitchcock to suspend production for a week to allow Hedren to recover.

"Hitch said we had to keep filming," the actress recalled. "The doctor said, 'What are you trying to do, kill her?'" Hedren, who regrouped and worked with the British filmmaker again on Marnie, said the HBO film shows only a slice of what was also a rewarding period and relationship.

"There wasn't time to show the wonderful people I met, the wonderful discussions Hitch and I had, the great gift he gave me being not only my director but my drama coach," she said. But she lost her admiration for the man, if not the artist, when Hitchcock punished her for rebuffing his advances.

"I think we're dealing with such a devious mind, one of genius, of incredible creativity," she said, adding, "there is so much wrong with that mind. ... He was evil."

With the pair's irrevocable rift after Marnie, Hitchcock refused to let her out of the seven-year contract she'd signed. That allowed him to quash her shot at other big films, including Francois Truffaut's Fahrenheit 451 in 1966, Hedren said.

She insists, credibly, that she's never played the what-if game. While she couldn't capitalize on being a hot property post-Hitchcock, Hedren channeled her energies into family and her dedication to helping animals, including founding the Shambala wildlife preserve in Southern California. "He ruined my career, but he didn't ruin my life," said Hedren, who has worked regularly in TV and appeared in some films

Jones, who donned elaborate prosthetics and a fake



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belly to simulate Hitch-cock's distinctive profile and girth, said the film-maker can't be forgiven for behaving "appallingly" toward Hedren. "But I also think he was very naive emotionally and I don't

Quoted

"I can look at myself in the mirror and feel proud. I feel strong."

Tippi HedrenOn life after working with Hitchcock

think it was sexual. There was something so beautiful and radiant about her that he worshipped her," the actor said.

Jones cautioned against making one chapter into a biography: "We're not saying this is Hitchcock. This is a section of Hitchcock's life based on verified, carefully researched facts." Director Julian Jarrold said Hitchcock biographer Donald

Spoto, along with Hedren, were the main sources for screenwriter Gwyneth Hughes. Hitchcock died in 1980 at age 80.

Hedren, who offered high praise for Jones, Miller and The Girl, said she never discussed Hitchcock's behaviour with his other famous leading ladies, who included her friend, Kim Novak (Vertigo), Eva Marie Saint (North by Northwest) and Grace Kelly (Dial M for Murder, Rear Window and To Catch a Thief). She first brought herself to talk about it two decades afterward, Hedren said, and she's now counting on The Girl to carry her story further.

"I hope that young women who do see this film know that they do not have to acquiesce to anything that they do not feel is morally right or that they are dissatisfied with," she said. "I can look at myself in the mirror and I can be proud. I feel strong. And I lived through it beautifully."

THE ASSOCIATED PRESS

Billy Ray Cyrus. Miley's loving dad gets 'pretty dang personal' on new album Change My Mind

Billy Ray Cyrus sums up his new album in the true spirit of a country artist.

"It's pretty dang personal," the Kentucky native said of Change My Mind, which hits stores in Canada on Monday.

Of course, that's nothing new for the famed Achy Breaky Heart singer/songwriter/actor, who's sold more than 25 million albums worldwide. Several of his 13 studio releases have delved into his life, including 1992's smash Some Gave All. That album was certified multi-platinum nine times in the U.S. and spawned Achy Breaky Heart, as well as a line dancing and Cyrus-style mullet craze.

"But this is right up there. This is an extremely personal album," a mullet-free Cyrus noted with his twang in a recent interview.

Cyrus, 51, said he was driven by "the pure love of making music" for Change My Mind, which was recorded over about six months in California with Grammynominated and multi-Juno Award-winning producer Brandon Friesen.

"For me, as a songwriter, I'll never paint the Mona Lisa, but I don't have any desire to. I'm a simple guy from eastern Kentucky that writes about simple things and I don't really try to say it in a fancy way just because I don't know that"

The tunes combine all of Cyrus's influences, "from bluegrass to outlaw country to southern rock to swamp rock," he said. "Just core, southern rock, honky tonk, stompin'-good-time-music."

But Cyrus's lyrics also

Achy Breaky Heart on sleeve

"This is right up there. This is an extremely personal album."

Billy Ray Cyrus
On his new record Change My Mind.

indicate he needed to get some heavy feelings off his chest. On the first single, the banjo and fiddle infused country-rock title track, he croons about backtracking on a decision to leave a loved one. The song seems to allude to Cyrus's decision last year to withdraw his divorce filing and reconcile with his wife, Tish — a topic that a publicist warned was off-limits during his recent swing through Toronto. The couple has five children, including actress/ pop star Miley Cyrus, who starred with her dad on the medical drama Doc and the



hit Disney Channel series Hannah Montana

nah Montana.

Tomorrow Became Yesterday and Good As Gone also touch on lost love, while the ballad That's What Daddys Do (which is the spelling Cyrus went with on the liner notes) has him ruminating on his family. Cyrus joked that if he writes a couple more tunes on fatherhood, he'll "have a whole daddy album one of these days."

"Somewhere along the line I became, for a lot of kids around the world, some image of their daddy, America's daddy or the world's daddy or whatever I was on Hannah Montana," he surmised.

"And that song Ready, Set, Don't Go, every single day I'll read a letter from a daddy somewhere that's either played the song at his little girl's wedding or a couple of days ago I read about a daddy that took his daughter that had enlisted in the army and they played Ready, Set, Don't Go as she was leaving." Cyrus said he isn't sure if he'd perform the tune at 19-year-old Miley's wedding, though. (In June, she and 22-year-old actor Liam Hemsworth announced their engagement.) The whole family is "really

The whole family is "really happy" and the couple is "taking it one step at a time" with the wedding planning, he said. "Both Liam and Miley are both so busy right now, so whenever that is, I have plenty of daddy songs just in case they need one." Cyrus predicted Miley might want him to perform Stomp, though, noting that's her favourite tune from his new album.

Cyrus plans to perform in the Broadway musical Chicago this winter. He said he doesn't do much dancing in the show, mostly singing. "They're going to surround me with a bunch of young, beautiful people, so I'll just be the old man in the middle trying to keep up and know my lines."

THE CANADIAN PRESS



Lindsay Lohan calls police on her dad

Lindsay Lohan apparently can't win with either of her parents.

The actress, whose recent argument with her mom led to police intervention, reportedly called the police on dad Michael Lohan, who had turned up at her Beverly Hills home with a group of friends to stage an intervention, according to TMZ.

Michael told the website that his daughter is in need of treatment and has been surrounding herself with "a bunch of alcoholics and drug addicts.

Police arrived in response to a complaint that Michael and his posse were trespassing, and they soon dispersed.

METRO DISH



Timberlake and Biel by the numbers



WORD

Justin Timberlake married his first wife, actress Jessica Biel, on Friday night in southern Italy.

Although the wedding was on lockdown harder than Britney Spears' virginity circa 1998, some details have leaked out. Here's a quick look at what it took

for Biel to become Justified. 150: Number of guests,

including Andy Samberg, Jimmy Fallon, 'N Sync singer Chris Kirkpatrick, actress Beverley Mitchell and Timbaland.

2: Number of times the couple has split in their five-year courtship.

5: Number of stars of the Borgo Egnazia, the luxury resort they took over for the festivities. The complex is located in Ostuni, Puglia, in the heel of Italy

6.4: Cost, in millions, of Friday night's nuptials, according to Radar Online. This figure covered private jets, white flowers throughout the hotel complex, a fireworks show and the resort costs.



Katy Perry playing hard to get with John Mayer

There's some new insight into why Katy Perry keeps sticking with on-again, off-again beau John Mayer, according to Us Weekly. Apparently the pop star

"believes she can change him," sources say. "She doesn't want to be just another one of his conquests.'

Her latest strategy which may explain all the breaking up and making up rumours — is reportedly to play hard-to-get. "She recently told John

"She doesn't want to be just another one of his conquests."

Talking about Katy Perry's relationship with John Mayer

she was open to see other people," the source says. "Once Katy turned her back on him, he started chasing her again.



I don't have a boyfriend, I have Chanel, Her mes and diamonds



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20 FAMILY metronews.ca Monday, October 22, 201.

Parenting

Packing made perfect



IT'S ALL RELATIVE Kathy Buckworth, kathybuckworth.com

Family travel can be a lot of work, particularly if parents are responsible with not only packing for themselves, but for their kids as well.

Inevitably, when you reach your destination, at least one of the kids will pull a T-shirt out of their suitcase and say, "I'm not wearing this."

Put your kids in charge of their own suitcases. Teaching your kids to pack for themselves not only takes the stress off mom and dad, but it trains them to be responsible for their own belongings, which is invaluable as they grow up and head off to summer camp, sleepovers and eventually post-secondary education.

Even young kids who can't read can do their own packing. Give them a list using pictures of what they need to pack, and if you want a specific T-shirt or pair of pants, make them the right colour.

When they're older, help them create their list or at least describe what types of clothes you think they'll need for the different activities they'll be doing.

ities they'll be doing.
They'll learn how
to avoid not packing
enough and over-packing. If they forget something, it'll be a great
lesson to take more care
the next time.

KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHY-BUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH

So, they're still not eating their lunches?

Kitchen lessons. Food Network chef Dale MacKay shares his tips on getting your kids to eat — and love what you pack for them

CLAPSON

It's almost the end of October and they're still brining home uneaten sandwiches?

Vancouver-based chef and Top Chef Canada Season One winner, Dale MacKay, offers his tips on getting kids of all ages inspired in the home kitchen and what you should be popping into your kids' lunch boxes.

When you were young, what was your favourite thing to have for lunch?

A good peanut butter and jelly sandwich, some fruit and some yogurt!

Now, as an adult, what's the most important thing to remember when assembling a lunch for your son, Aydan? Try to hit all the food groups. Pack some raw vegetables, fruit. If you're going to go (with) a snack, then choose good quality granola bars that don't have a lot of sugar.

Does your son help make lunch/spend time in the kitchen with you?

He's starting to a lot more now. We cook dinners at home a lot ... I try to involve him way more often. Whether Aydan's cutting vegetables, pan frying or whatever it is, he's getting a lot more at ease.

What's a great fundamental



cooking process or meal to start with when getting kids involved in the kitchens?

Chopping (ingredients) with you. Whatever you're cutting, whether it's celery or carrots, you can snack on it while you're cutting and explain why we're doing something a certain way, why you're using something ... why the process is the way it is.

Any tips on how to get a kid to eat a fruit/vegetable they don't like?

That's hard. Some kids certainly don't love fruits and vegetables ... but, take apples (for example) and go through different varieties of them. If you give a child a Granny Smith apple, he may never want to eat one again because they're so tart. If you get a

Pink Lady apple, it's sweeter. That's what I did with Aydan and now he loves them so

As a parent, what's one junk food/fast food item you hate to see kids eating?

Too much candy! I rarely ever purchase anything that's straight sugar. I don't ever really give Aydan pop, so he doesn't crave it because he hardly ever gets it.

Kitchen Tips

Here are Dale's tips for getting kids of all ages involved in the kitchen.

- Young children (5 8). Bring them grocery shopping with you and ask for their help while making a meal.
- Tweens (9 12). Watch the Food Network with them and check out online cooking videos.
- Teenagers (13 18). Take them to an array of restaurants and search out different flavours found in ethnic cuisines. Then assign one night a week for them to cook.





 Couch potato. Mommy hasn't watched this much TV since the height of her Full House addiction circa 1993. Follow along with the comedic (mis) adventures of mommyhood online at metronews.ca/voices



metronews.ca Monday, October 22, 2012 **FOOD**

PB & J sandwich makeover

Most kids — and many adults who want to remember being kids — love peanut butter and jelly sandwiches. Problem is, this childhood staple is high in fat and sugar. So it's time for a remake of that beloved sandwich.

The first fix is the bread. Skip the fluffy white bread and go straight to a multigrain or whole wheat.

The second fix is the jelly. Even the healthiest varieties are jammed with sugar. So start with a base of all-fruit spread, but add a healthy dose of real fresh berries. This gives the sandwich just the right touch of sweetness.

The final trouble spot in the typical PB&J is the peanut butter. Opting for a natural, unsweetened peanut butter gets

Ingredients

- 1 thsp instant oatmeal
- 3 tbsp non-fat milk
- · Pinch salt
- 1 tbsp natural unsalted peanut butter
- 1/4 cup chopped fresh berries
- · 2 tsp all-fruit spread
- · 2 slices multigrain or whole-



you on the right track. But even regular peanut butter is loaded with fat. So you want to use it sparingly. But that doesn't taste nearly as good as really loading

The solution? Mix together peanut butter and cooked instant oatmeal. Crazy? Maybe a little. But oatmeal has a nutty, pasty quality to it already. Mixed with peanut butter, it makes a delicious sandwich filling. Of course, be sure not to buy sweetened instant oatmeal. And this recipe works just as well with any of the peanut butter alternatives.

1. In a small microwave-safe bowl, combine the oatmeal, milk and salt. Microwave on high for 1 minute, or until boiling. Allow to cool for 5 minutes, then stir in the peanut butter.

- 2. In another small bowl, stir together the berries and fruit
- 3. Spread the peanut butteroat mixture on one slice of bread and the fruit mixture over it. Top with the second slice of bread

THE ASSOCIATED PRESS

Choose it and lose it



Desserts at restaurants always look delicious and taste even better. Their nutritional information, however, doesn't look quite as nice.

Milestones The Cookie

1,300 calories/ 69 g fat/ 36 g saturated fat/ 113 g sugar With gelato, which is less calories and fat than ice cream, and chocolate and caramel sauces, this cookie holds a day's worth of fat





Equivalent

One innocent sounding The Cookie from Milestones is equal in calories to three and a half medium strawberry sundaes from Dairy Queen.

Milestones Ibarra **Chocolate Cake**

334 calories/ 18 g fat/ 9 g satur ated fat/ 30 g sugar

Even with gelato, chocolate sauce and whipped cream, this Mexican chocolate lava type of cake contains less calories, fat and sugar



Peanut Butter S'mores Bars: Sweeter snacking

The point of these Peanut But-ter S'mores Bars was to create a simple snack with the flavour of s'mores, but with the texture, ease and portability of puffed rice treats, which the kids could enjoy after school. You end up with a layer of marshmallow-rich crushed

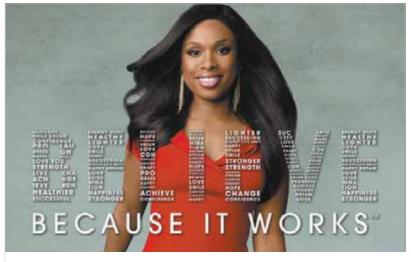
graham crackers topped with chocolate. To make things interesting, you can then turn them into Peanut Butter S'mores Bars by adding (wait for it): peanut butter. If your kids aren't peanut butter in-clined, just leave it out.

- 1. Coat 9-by-9-inch baking pan with cooking spray.
- 2. In saucepan over mediumlow, add butter, marshmallows and peanut butter. Stir until it is completely melted and smooth.
- 3. Remove pan from heat and add graham cereal and graham crackers. Stir to coat. Using buttered fingers, press mixture into prepared pan. Set aside.
- **4.** In microwave-safe dish, melt chocolate bits by heating in 30-second intervals, and stirring in between. Spread melted chocolate over bars and sprinkle with the peanuts. Allow to cool and then cut into bars.
- THE ASSOCIATED PRESS



This recipe makes 12 servings. MATTHEW MEAD/ THE ASSOCIATED F

- 3 tbsp unsalted butter
- 10-oz package marshmallows • 1/4 cup smooth natural peanut butter
- 3 cups graham cereal, lightly
- 1 sleeve of graham crackers
- (9 sheets), lightly crushed • 1 cup semi-sweet chocolate
- 1/2 cup lightly salted peanuts



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metrometra 22 WORK/EDUCATION metronews.ca Monday.Ortober 22, 2012

It's books before booze for many a student

Rethink the drink.Author takes a shot at on-campus alcohol abuse policies

BRUCE WALSH

life@metronews.ca

After studying student alcohol use for more than 15 years, Auburn University professor Christopher J. Correia is encouraging administrators to take the judgmental sting out of their drinking policies.

their drinking policies.

This week, Wiley publishing will release Cor-

Not so quick to mix

"The research firmly points out, repeatedly, that the majority of college students either don't drink at all or drink in a way that most people would consider to be safe and quite moderate."

Christopher J. Correia Auburn University professor



reia's latest book — College Student Alcohol Abuse: A Guide to Assessment, Intervention and Prevention —which he hopes will become a new policy model for campuses across the country. "The research firmly points out, repeatedly,

that the majority of college students either don't drink at all or drink in a way that most people would consider to be safe and quite moderate." says Correia

ate," says Correia.

"There are plenty of students with problems, but they don't all have the same

problem.

There are short-term problems, perhaps just one particular night, and then there are longer standing problems. We don't serve students well when we try to treat every problem the same way."

Correia co-authored Student Alcohol Abuse with researchers from the University of Memphis and Brown University, along with input from other prominent drug

and alcohol analysts.

"It's a public health issue," says Correia. "We

Positive shift

Changes on the horizon

While alcohol abuse remains a problem, Correia says the situation is improving. "If you look at the numbers of students that engage in binge drinking, or at the numbers of deaths, injuries and accidents, it's hard to be super optimistic. Those numbers have remained fairly stable. However. we are seeing a positive shift: There are more interventions out there that have empirical support. That means administrators can start to have more confidence in their options."

need to move away from abstinence-based, restrictive in-patient solutions, and realize there are lots of other treatment models out there — models that are more reality-based than thinking that college students are never going to drink."

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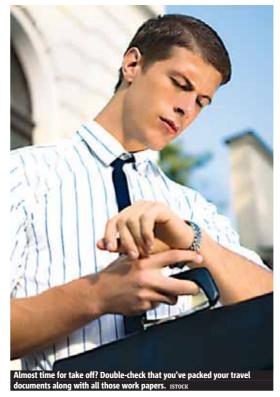
It's no surprise that company cost-cutting puts added pressure on business travellers, but that shouldn't mean compromising on comfort. Take a look at these helpful tips from Days Inns Canada to make your next business trip stress-free:

What to pack

The most important rule for any business traveller is to pack lightly. Be practical and only take items essential to your trip. Review luggage specifications with your carrier and if you do need to check a bag, be sure to have important documents in your carry-on.

Comfort counts

Why not pass on the four-star hotel and go for a two or three-star that provides clean, comfortable rooms, exceptional service and the essential hotel amenities all at a reasonable price? Many hotels offer a free breakfast and most have a fitness room or pool, so you can keep fit on the road.



Get rewarded

Check with the hotel you're considering to see if they

offer a loyalty rewards program designed with the traveller in mind. Look for participating partners and

Rest and relaxation

Enjoy the ride

- When travelling for business, you rarely get to explore your destination. Why not take a couple of extra days at the end of your trip and invite family or friends to join you?
- This way you can take advantage of being in a new location and get some time to relax before going back to the office.

you might earn valuable points or miles on every qualified stay.

Keep in touch

It's a good idea to send your business itinerary to a coworker, friend or relative, so someone will always know your whereabouts. Be sure to carry a cell phone when travelling alone and of course sending an email from the road to keep people informed is a good idea.

NEWS CANADA

metronews.ca WORK/EDUCATION 23

The In-Credibility Factor

Name: Darren Smith City: Baysville, Ont Age: 25 Occupation: Owner and president of Lake of Bays Brewing Company



THE IN-CREDIBILITY
FACTOR
Teresa Kruze

In his third year of university, Darren started recipe development for his own brand of beer in a pot on top of his stove. After putting together the necessary financing, Smith opened his brewery in May of 2010 with a staff of four. After two successful years, he now employs 25 people and sales of Lake of Bays Beer have quadrupled.

I knew I was on my way when... we started getting the first round of merchandise with our Lake of Bays logo on them. The night we opened, we went into the local pub in Baysville. Everyone was drinking Lake of Bays beer out of our glassware. It was cool seeing it served to people. We've gone from pale ale to four beers and our aim is to become one of the major players in the beer



business, taking our brand across Ontario and eventually across the country.

Action Plan

- Talk to people: As an entrepreneur, it's easy to be filled with enthusiasm to make your idea work. Find people who are in the same business as you and really listen to them. You will benefit when they give you honest feedback on your business plan.
- Do some serious financial sleuthing: See if you can get

your hands on the finances of a company that is doing what you want to do. Get an idea of the financial structure of the business and ask them how long it took to get established and profitable.

• Abhor fixed costs: In a new business you're building sales and volume and if you have a lot of fixed expenses, it can be really challenging. If you have to deliver your product, contract another company to do the deliveries and when the sales come you can justify buying your own vehicle.

When even the professor is puzzled

Subject sansknowledge. Author takes a look at learning from the untaught teacher

BRUCE WALSH

While serving as the director of a faculty development centre at Seattle University, Therese Huston noticed a recurrent complaint emerging from professors: "I'm being asked to teach a subject I never studied."

ject I never studied."

In 2009, Huston authored a self-help manual for profs coping with this dirty little secret of higher education, Teaching What You Don't Know. And, judging by the book's success, it's an all-too-common problem: The second edition will be released this month, and there's already an audio book on the market, perfect for ever-commuting adjuncts.



material."
Therese Huston
Director of a faculty development centre at
Seattle University

"It became increasingly clear that one of the most stressful situations was when someone was teaching not just a new course in terms of preparation, but a new course in terms of having to learn new material," says Huston. "People were embarrassed to talk about that, but this is when they needed the most help."

Based largely on case studies of 28 professors from a wide range of colleges and universities, Huston tackles the issue from course preparation to final exams. "This is the first book to talk openly about teaching outside of your expertise. Most books assume the opposite. So I had to look at the empirical literature differently to find research that might be relevant."

"It became increasingly

most stressful situations

clear that one of the

was when someone

was teaching not just

a new course in terms

of preparation, but a

new course in terms

of having to learn new







TASTY AND GREAT PUMPKIN DISHES

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On the heels of a successful Olive Festival, Sage restaurant at the River

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Enjoy the taste of fall with a numpkinthemed menu at a restaurant that truly brings you a real dining experience.

"Sage restaurant is a premier dining facility that allows guests to come in and experience excellent service, great ambiance, an outstanding wine list and. more importantly, incredible food," says Cam Rutten, business development at River Cree.

Each month. the culinary team at Sage

creates a special menu around one particular item. This month, the item that will be featured is the pumpkin during the Harvest Pumpkin Festival.

Throughout the five-course meal, the delicious flavour of pumpkin will be highlighted in each dish.

"This is a great chance to try the food at Sage and experience the talent of the chef and his team," Rutten says.

Chef Christope Ithurritze (@sagechristophe) and his team work together to create a lasting dining experience for guests.

"At Sage, you can have an intimate dinner, a great night with a bunch of friends or a business meeting," Rutten

"Guests are welcomed into the restaurant filled with energy and excitement. Once seated in Sage you can have a few different dining options, whatever you choose you will be treated to incredible service from some of Edmonton's best servers working hard to make your experience perfect every time."

The Harvest Pumpkin Festival is one night only, so reserve your seat at rivercreeresort.com or by calling 780-930-2636.

Sage offers customers an exciting menu six days a week with the average price per person about \$60, while a threecourse menu is also available for \$52. Daily specials are also available.

Sage is open Tuesday to Sunday and guests must be older than 18.



Must be 18+. United space available: Management reserves the right to change, after or cancel this event at anytime without notice.



For \$60 per person, sit back and enjoy these tasty pumpkin dishes with a pumpkin martini in hand at the Harvest Pumpkin Festival

The menu includes:

- Cream of Roasted Butternut Pumpkins
- Atlantic Salmon with spaghetti style pumpkin
- Spring Creek Beef with au gratin pumpkins
- · And finish it all off with Sage's Pumpkin Pannacotta.

Lockout

NHL's Daly says CBA framework is in place

Time is running short to save a full NHL season.

But with just days remaining to strike a new collective bargaining agreement and preserve an 82-game schedule, deputy commissioner Bill Daly indicated that he felt there was a deal to be made.

Asked on Sunday whether there was a chance for the sides to get something in place by Thursday's deadline, Daly responded by saying, "That's more of a question for the union than it is for me.

"We think there's a framework of a deal on the table," he added.

It's the same conclusion a number of observers reached after watching the league and NHL Players Association move closer together in proposals delivered over the last week.

At worst, they remain about \$550 million US apart in the division of revenue over a five-year deal - depending on which of the union's three proposals is used and at what rate the business ends up growing. They could be separated by as little as

\$320 million. The NHLPA has shown a willingness to get to the league's desired 50-50 split of revenues over the course of the deal, but wants to ensure all current contracts are honoured in





doval hits a double off of St. Louis Cardinals starting pitcher Chris Carpenter during the first inning of Game 6 of the National

ogelsong gets them ing in San Fran

NLCS. Starter pitches Giants to victory over Cardinals to force deciding Game 7

Ryan Vogelsong and the San Francisco Giants saved their season once more, pushing St. Louis to a winner-takeall Game 7 in the National League championship series.

Turns out the defending champion Cardinals aren't the only team that's tough to

put away in October.

Vogelsong struck out a career-best nine batters in another post-season gem, and the Giants avoided elimination for a second straight







game by beating St. Louis 6-1 on Sunday night.

Marco Scutaro delivered a two-run double and Buster Posey drove in his first run of the series with a groundout in the first inning as San Francisco struck early to support Vogelsong.

San Francisco's Matt Cain and St. Louis' Kyle Lohse are set to pitch in a rematch of

The Giants have won five straight games this post-season when facing elimination.

Game 3, won by the Cardinals. There's a forecast of rain in the Bay Area during the

day.
"It's kind of a joke in the clubhouse. About 60 per cent of my games have rain in the forecast," Lohse said. "I know these guys, I've seen them for six games. I know what I need to do.... It's time to get it done."

These wild-card Cardinals sure seem to like the allor-nothing route in October, while San Francisco thrives playing from behind.

Now, it comes down to one game for the past two World Series champions to get back, with the Detroit Tigers wait-

Pitching to chants of "Vogey! Vogey!" from the sell-out crowd of 43,070 at AT&T Park, the right-hander didn't allow a hit until Daniel Descalso's broken-bat single to centre with two outs in the fifth. Vogelsong struck out the side in the first and had already fanned five through

two innings.

"This place is going to be loud, I can tell you that," Vogelsong said of Monday night. THE ASSOCIATED PRESS

NFL. Manning one-ups **Washington rookie RG3**

While Robert Griffin III is quickly becoming the NFL's most exciting quarterback, there's none better than Eli Manning with the game on the line.

Manning one-upped the Washington Redskins' rookie sensation with a pinpoint 77yard scoring pass to Victor Cruz with 1:13 to play and the New York Giants overcame a late touchdown toss by Griffin to defeat the Washington Redskins 27-23 on Sunday.

The winning drive was the 22nd of Manning's career in either the fourth quarter or



overtime, his second this season and eighth over the past two seasons. The associated press

Boyd returning to Edmonton after 10-day CFL hiatus

The Edmonton Eskimos are bringing back Cory Boyd.

The CFL club announced on Sunday that it had re-signed the running back after releasing him on Oct. 11.

The Eskimos say they are bringing Boyd back into the fold because of an injury to fellow running back Hugh Charles

'We are unsure of Hugh Charles' availability due to the injury he sustained in Friday's game," Eskimos head coach Kavis Reed said in a statement. "As a precaution, we are bring-



ing in Cory who already knows our system.

Boyd originally joined the

Eskimos after being released by the Toronto Argonauts in

The 27-year-old played four games with Edmonton, registering a modest 18 carries for 76 yards and four catches for 40

When Boyd was released from Toronto, he was the league's leading rusher with 80 carries for 447 yards and two touchdowns. He also hauled in 23 passes for 70 yards and two touchdowns.

THE CANADIAN PRESS

FAST

N V Giants

Philadelphia Dallas

Washington

New Orleans Tampa Bay

SOUTH

Atlanta

Carolina NORTH

Chicago

Minnesota Green Bay Detroit

WEST

Arizona

Seattle

San Francisco

WEEK EIGHT

Sunday, Oct. 28

Thursday's game Tampa Bay at Minnesota, 8:20 p.m.

Jacksonville at Green Bay, 1 p.m. Indianapolis at Tennessee, 1 p.m. Carolina at Chicago, 1 p.m. Miami at N.Y. Jets, 1 p.m.

San Diego at Cleveland, 1 p.m.

Atlanta at Philadelphia, 1 p.m.

Seattle at Detroit, 1 p.m.
Washington at Pittsburgh, 1 p.m.

Oakland at Kansas City, 4:05 p.m.

New Orleans at Denver, 8:20 p.m. Monday, Oct. 29 San Francisco at Arizona, 8:30 p.m.

N.Y. Giants at Dallas, 4:25 p.m.

Will Claxton, \$22,550

New England vs. St. Louis at London, 1 p.m.

PA

158

PA 161

180

149 238 88 164

PF 174

140 132 187

166 147

Pct PF PA .500 170 138

148 137

.500 .500

.167

T 0 0

0 333 113 171

L 3

NATIONAL CONFERENCE

W

Pct .714 .500 .500 PF 205 103 113

.429

.333 .333 .167 176 148 106

Pct **PF** 149 PΑ

Pct .714 .571

571 116 106

.429

T 0 0

T Pct 0 1.000 **PF** 171

0 0

201 200

113

182

71 131

167 184 126

165 100

124 118

St. Louis 8 San Fransisco 3
Wednesday's result
St. Louis 3 San Francisco 1

WORLD SERIES

(Best-of-7; x-if necessary)

San Francisco-St. Louis win Wednesday, Oct. 24

Thursday, Oct. 25

Monday, Oct. 29

Thursday, Nov. 1

Monday's game — All Times Eastern x-St. Louis at San Francisco, 8:07 p.m.

Detroit at San Francisco-St. Louis winner, TBA

Detroit at San Francisco-St. Louis winner, TBA

Saturday, Oct. 27
San Francisco-St. Louis winner at Detroit, TBA
Sunday, Oct. 28

San Francisco-St. Louis winner at Detroit, TBA

x-San Francisco-St. Louis winner at Detroit, TBA
Wednesday, Oct. 31

x-Detroit at San Francisco-St. Louis winner, TBA

x-Detroit at San Francisco-St. Louis winner, TBA

Sunday's result

St. Louis

MCront 1b

Beltran rf Craig If

Freese 3b

Kozma ss

Schmkr ph

SMiller p

SRonsn ph

Salas p

Rzdczy d

Mujica p

Totals

St. Louis

San Francisco

Detroit 3 N.Y. Yankees 0

AMERICAN LEAGUE

LEAGUE CHAMPIONSHIP SERIES (Best-of-7) N.Y. Yankees (E) vs. Detroit (C) (Detroit wins series 4-0) Thursday's result Detroit 8 N.Y. Yankees 1 Tuesday's result Detroit 2 N.Y. Yankees 1

NATIONAL LEAGUE

LEAGUE CHAMPIONSHIP SERIES (Best-of-7; x-if necessary) (San Francisco (W) vs. St. Louis (wc) (Series tied 3-3) Sunday's result San Francisco 6 St. Louis 1

GIANTS 6, CARDINALS 1

ab r h bi

3 0 1 0

4 1 1 0

4 0 1 1

4 0 0 0

3 0 1 0

1 0 0 0

1 0 0 0

1 0 0 0

0 0 0 0

33 1 5 1 Totals

E-Kozma (1), G.Blanco (1), LOB-St. Louis 6.

San Francisco 7. 2B—Beltran (3), Scutaro (3),

San Francisco

Scutaro 2b

Sandovl 3b

Arias 3b

Posey c

Pence rf

Belt 1b

GBlanc If

BCrwfr ss

Valsna n

Affeldt p

SCasill p

Romo p

Theriot ph

000 001 000 -1

140 000 01x -6

3 2 2 2

4021

0 0 0 0

4 0 1 0

4 0 1 0

3 1 0 1

0 0 0 0

0 0 0 0

34 6 9 6

Friday's result San Francisco 5 St. Louis 0

Sandoval (1), G.Blanco (1). 3B—Belt (1).
RBIs-Craig (2), Scutaro 2 (4), Sandoval (5),
Posey (1), Vogelsong (1), Theriot (3).
Runners left in scoring position—St. Louis 2
(Schumaker, S.Robinson); San Francisco 3
(Pence, B.Crawford, Pagan). RISP-St. Louis 1
for 3; San Francisco 3 for 10.
Runners moved un—Posey

St. Louis	IP	Н	R	ER	BB	S0
C.Carpenter L,0-2	4	6	5	2	2	6
S.Miller	2	1	0	0	0	2
Salas	11-3	0	0	0	0	2
Rzepczynski	1-3	1	1	1	1	1
Mujica	1-3	1	0	0	0	0
San Francisco						
Vogelsong W,2-0	7	4	1	1	1	9
Affeldt	2-3	1	0	0	0	1
S.Casilla	1-3	0	0	0	0	0
Romo	1	0	0	0	0	1
Umpires-Home,	Jerry La	ayne	; Fir	st, G	ary D	ar-

ling; Second, Chris Guccione; Third, Bill Miller; Right, Ted Barrett: Left, Greg Gibson,

T-2:55. A-43.070 (41.915) at San Francisco

Norfolk 6 Connecticut 3

Charlotte 2 Rockford 1

Monday's games No Games Scheduled.

Houston 5 Texas 3 Lake Erie 5 Oklahoma City 3

San Antonio 1 Milwaukee 0

Portland at St. John's, 6 p.m.

Hamilton at Rochester, 7:35 p.m

Lake Erie at Oklahoma City, 8 p.m

Tuesday's games — All Times Eastern

Providence 3 Springfield 1

Rochester 8 Hershey 7 Syracuse 6 Binghamton 5 (OT)

AHL

Sunday's results Grand Rapids 4 Toronto 3 (SO) Binghamton 2 Hershey 1 (OT) Syracuse 3 Wilkes-Barre/Scranton 1 Lake Erie 4 Texas 0 Rockford 5 Charlotte 4 Milwaukee 5 Houston 4 (OT) Saturday's results Toronto 5 Hamilton 0 Abbotsford 4 Chicago 1 Adirondack 4 St. John's 3

Albany 4 Worcester 0 Bridgeport 3 Wilkes-Barre/Scranton 2 Manchester 6 Portland 4

NBA PRESEASON

Sunday's results Orlando 104 San Antonio 100 Philadelphia 88 Boston 79 Oklahoma City 108 Denver 101 Sacramento 99 L A Lakers 92 Saturday's results Miami 104 San Antonio 101 Atlanta 110 Dallas 94 Indiana 83 Memphis 80 Roston 109 New York 98 Detroit 85 Charlotte 80 Washington 102 Milwaukee 94 Utah 99 L.A. Clippers 91

Monday's games — All Times Eastern Milwaukee at Toronto, 7 p.m. New York vs. Philadelphia, 7 p.m. at Syracuse, NY New Orleans at Dallas, 8:30 p.m. Sacramento at Phoenix, 10 p.m. Utah at Portland, 10 p.m. Golden State at L.A. Clippers, 10:30 p.m. Tuesday's games Miami vs. Charlotte, 7 p.m. at Raleigh, NC Indiana at Cleveland, 7 p.m. Oklahoma City at Chicago, 8 p.m. Phoenix at Golden State, 10:30 p.m.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GΑ	Pt
y-Kansas City	33	17	7	9	40	26	60
x-D.C. United	33	17	10	6	52	42	57
x-Chicago	33	17	11	5	45	40	56
x-New York	33	15	9	9	54	46	54
x-Houston	33	14	8	11	48	39	53
Columbus	33	14	12	7	42	43	49
Montreal	33	12	15	6	45	50	42
Philadelphia	32	10	16	6	36	40	36
New England	33	8	17	8	38	44	32
Toronto	33		20	8	35	60	23
WESTERN CONF	ERI	ENC	Έ				
	CD	W	- 1	т	GE	GΛ	Dŧ

WESTERN CONF	ERI	ENC	Ē	-			
	GP	W	L	Т	GF	GA	Pt
y-San Jose		19	6	8	71	42	65
x-Seattle	33	15	7	11	51	32	56
x-Real Salt Lake	33	17	11	5	46	35	56
x-Los Angeles	33	15	12	6	58	47	51
x-Vancouver	33	11	13	9	35	41	42
Dallas	33	9	13	11	40	45	38
Colorado	33	10	19	4	42	50	34
Portland	33	8	16	9	33	55	33
Chivas USA	33	7	18	8	22	56	29
x — Clinched plays	off b	erth	١.				
cr i i c							

x — Clinched playoff berth.
y — Clinched conference.
Note: Three points for a win, one for a tie.
Sunday's results
Los Angeles 2 San Jose 2
Portland 1 Vancouver 0
Seattle FC 3 FC Dallas 1
Saturday's results
Toronto FC 0 Montreal 0
New York 0 Sporting Kansas City 0

New York 0 Sporting Kansas City 0 D.C. United 3 Columbus 2 New England 1 Chicago 0 Houston 3 Philadelphia 1 Colorado 2 Chivas USA 0

Wednesday's results Seattle FC 0 Real Salt Lake 0 Wednesday's game — All Times Eastern Philadelphia at Sporting Kansas City, 8:30 p.m. Saturday, Oct. 27

New York at Philadelphia, 1:30 p.m. New England at Montreal, 2 n m New England at Montrear, 2 p.m. D.C. United at Chicago, 4 p.m. San Jose at Portland, 6:30 p.m. Vancouver at Real Salt Lake, 9 p.m. Houston at Colorado, 9 p.m.

ENGLAND

PREMIER LEAGUE

Sunday's results Sunderland 1 Newcastle United 1 Queens Park Rangers 1 Everton 1

FRANCE

LIGUE 1 Aiaccio O Bastia O Lyon 1 Brest 0 Troyes 1 Marseille 0

GERMANY

RUNDESLIGA Sunday's results Nuremberg 0 Augsburg 0 Hamburger SV 0 Stuttgart 1

ITALY

SERIE A Sunday's results Sunday's resurts
Cagliari 1 Bologna 0
Atalanta 2 Siena 1
Chievo 1 Fiorentina 1
Inter Milan 2 Catania 0 Palermo 0 Torino 0 Parma 2 Sampdoria 1 Udinese 1 Pescara 0 Genoa 2 Roma 4

SPAIN

PRIMERA Sunday's results Getafe 0 Levante 1 Espanyol 3 Rayo Vallecano 2 Granada 1 Real Zaragoza 2 Osasuna 0 Real Betis 0 Real Sociedad 0 Atletico Madrid 1

CFL WEEK 17

EAST DIVISION

	GP	W	L	- 1	PF PA	
-Montreal	16	10	6	0	440 445	
oronto	16	7	9	0	371 425	
Vinnipeg	16	5	11	0	339 492	
lamilton	16	5	11	0	470 515	
NEST DIVISIO	N					

WEST DIVISION	N					
	GP	W	L	Т	PF PA	Pt
y-B.C.	16	12	4	0	441 307	24
x-Calgary		10	6	0	464 382	20
x-Saskatchewan	16	8	8	0	425 361	16
Edmonton	16	7	9	0	370 393	14
x — Clinched playof	ff bert	h.				
v — Clinched division	on.					

Saturday's results Calgary 34 Hamilton 32 Montreal 34 Saskatchewan 28 Friday's results B.C. 39 Edmonton 19 Winnipeg 44 Toronto 32

WEEK 18

Friday's game — All Times Eastern B.C. at Calgary, 9 p.m.

ATP-WTA KREMLIN CUP

At Moscow

Singles — Championship

TENNIS

Andreas Seppi (2), Italy, def. Thomaz Bellucci (4), Brazil, 3-6, 7-6 (3), 6-3.

Doubles — Championship

Frantisek Cermak, Czech Rep., and Michal Mertinak (1), Slovakia, def. Simone Bolelli and Daniele Bracciali, Italy, 7-5, 6-3. WOMEN

Singles — Championship

Caroline Wozniacki (3), Denmark, def. Sam Stosur (1), Australia, 6-2, 4-6, 7-5.

ATP-ERSTE BANK OPEN

At Vienna, Austria Singles - Champion

Juan Martin del Potro (1), Argentina, def. Grega Zemlja, Slovenia, 7-5, 6-3. Doubles — Championship

Andre Begemann and Martin Emmrich, Germany, def. Julian Knowle, Austria, and Filip Polasek (2), Slovakia, 6-4, 3-6, 10-4.

WTA-BGL BNP PARIBAS **LUXEMBOURG OPEN**

At Luxembourg

Singles - Championship Venus Williams, U.S., def. Monica Niculescu,

Romania, 6-2, 6-3. **Doubles — Championship**

Andrea Hlavackova and Lucie Hradecka (1), Czech Rep., def. Irina-Camelia Begu and Monica Niculescu (2), Romania, 6-3, 6-4.

ATP-STOCKHOLM OPEN

At Stockholm, Sweden

Singles — Championship

Tomas Berdych (2), Czech Rep., def. Jo-Wilfried Tsonga (1), France, 4-6, 6-4, 6-4. Doubles — Championship

Marcelo Melo and Bruno Soares (3), Brazil, def. Robert Lindstedt, Sweden, and Nenad Zimoniic (1), Serbia, 6-7 (4), 7-5, 10-6.

NFL

FAST Pct 0 0 0 0 .571 .500 .429 .429 217 120 159 New England N.Y. Jets Buffalo 171 SOUTH W **L** 1 **T** Pct Houston 857 500 117

AMERICAN CONFERENCE

Tennessee Jacksonville	3 1	4 5	0	.429 .167
NORTH				
	W	L	Т	Pct
Baltimore	5	2	0	.714
Pittsburgh	3	3	0	.500
Cincinnati	3	4	0	.429
Cleveland	1	6	0	.143

WEST

20 14 10

10

S.C. at Caigary, 9 p.m.

Saturday's games

Winnipeg at Hamilton, 1 p.m.

Toronto at Saskatchewan, 4 p.m.

Sunday, Oct. 28

Edmonton at Montreal, 1 p.m.

WEEK SEVEN

Sunday's results

San Diego

Kansas City

Oakland

Minnesota 21 Arizona 14 Green Bay 30 St. Louis 20 Houston 43 Baltimore 13 N.Y. Giants 27 Washington 23 Dallas 19 Carolina 14 New Orleans 35 Tampa Bay 28 Indianapolis 17 Cleveland 13 Tennessee 35 Buffalo 34 Oakland 26 Jacksonville 23 (OT) New England 29 N.Y. Jets 26 (OT) Pittsburgh 24 Cincinnati 17

Thursday's result

San Francisco 13 Seattle 6

Monday's game — All Times Eastern
Detroit at Chicago, 8:30 p.m.

GOLF

MCGLADREY CLASSIC

At St. Simons Island, Ga.

Final Round	
Tommy Gainey, \$720,000	69-67-68-60-264
David Toms, \$432,000	65-67-70-63-265
Jim Furyk, \$272,000	66-65-66-69-266
Brendon de Jonge, \$165,333	66-69-68-65-268
Davis Love III, \$165,333	65-66-66-71-268
D.J. Trahan, \$165,333	66-67-66-69-268
Chad Campbell, \$124,667	66-67-69-67-269
Greg Owen, \$124,667	64-69-71-65-269
Charles Howell III, \$124,667	66-68-67-68-269
Arjun Atwal, \$92,000	67-63-69-71-270
Charlie Beljan, \$92,000	66-71-68-65-270
David Mathis, \$92,000	69-69-65-67-270
Michael Thompson, \$92,000	65-68-69-68-270
Mark Wilson, \$92,000	68-69-66-67-270
Blake Adams, \$64,000	68-68-69-66-271
Daniel Chopra, \$64,000	68-69-66-68-271
Harris English, \$64,000	71-66-66-68-271
Kyle Reifers, \$64,000	67-68-67-69-271
Scott Stallings, \$64,000	68-70-67-66-271
Scott Brown, \$41,714	67-70-70-65-272
Sean O'Hair, \$41,714	73-66-67-66-272
Brendan Steele, \$41,714	67-71-66-68-272
Camilo Villegas, \$41,714	65-71-68-68-272
Bud Cauley, \$41,714	62-70-68-72-272

Ben Crane, \$22,550 68-71-62-72-273 Ben Curtis, \$22,550 James Driscoll, \$22,550 67-69-71-66-273 Joe Durant, \$22,550 65-71-67-70-273 Mathew Goggin, \$22,550 67-66-68-72-273 Brian Harman \$22 550 67-72-65-69-273 Russell Knox, \$22,550 71-68-67-67-273 Jason Kokrak \$22 550 68-70-66-69-273 65-70-69-69—273 Danny Lee, \$22,550 Rory Sabbatini, \$22,550 69-65-67-72-273 Vijay Singh, \$22,550 66-68-68-71-273 David Hearn, \$9,413 66-71-71-68-276

TRANSACTIONS

EDMONTON ESKIMOS—Signed RB Cory Boyd.

MLB

ROSTON RED SOX—Acquired manager John Farrell and RHP David Carpenter from Toronto for SS Mike Aviles. Agreed to terms with Farrell on a three-year contract through 2015.

NRΔ

67-68-68-69—272 68-68-68-68—272

69-68-67-69-273

69-66-68-70-273

MIAMI HEAT—Waived C Mickell Gladness and



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Ken Duke, \$41,714 Bill Lunde, \$41,714

Stuart Appleby, \$22,550

Roberto Castro, \$22,550

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T Aries

March 21 - April 20

The odds may have been against you of late, but you refused to give up and you will soon reap the rewards. Today. you should make it a priority to patch things up with people with whom you've fallen out.

Taurus April 21 - May 21

The Sun's change of sign tomorrow will give you the chance to help other people, but you have got to be realistic and accept that you cannot help everyone. Do what you can when and where the opportunity arises.

∐ Gemini

May 22 - June 21

Start winding things down a little. You have been moving at top speed for quite a while so now you need to balance things out and give both your body and your mind time to recover They need it.

Cancer

June 22 - July 23

You need to resolve a family issue that has been causing you sleepless nights, and you need to resolve it now. As of tomorrow, you won't find it so easy to talk to loved ones - nor will you have the time.

Ω Leo July 24 - Aug. 23

No doubt you have a lot to say for yourself — as always — and no doubt it is well worth listening to. But don't hog the conversation today. Let others have their say. You may be surprised how much you learn.

W Virgo Aug. 24 - Sept. 23

You still have time to sort out a problem that has been bugging you but you have got to be quick. If you leave it much longer it will cause you more than just anguish. It will also cost you some serious money.

△ Libra

Sept. 24 - Oct. 23

It may seem as if time is running out, but there is no point rushing to catch up because you will only make mistakes. What's done is done and cannot be undone. It is time to move on.

M Scorpio

Oct. 24 - Nov. 22

One of the most difficult phases of the year is coming to an end and by this time tomorrow, it will feel as if a great weight has been lifted from your shoulders. Maybe it has or maybe it was never

Sagittarius Nov. 23 - Dec. 21

As usual, you have been taking risks and cutting corners, and you have largely gotten away with it. However, the Sun's change of signs tomorrow means you need to tread carefully from now on.

6 Capricorn

Dec. 22 - Jan. 20 What seemed like a setback last week will now reveal itself to be a blessing in disguise, so don't feel too upset if you were denied something you desired. And stop worrying what the future will bring. It's all good.

Jan. 21 - Feb. 19

If you define your goals clearly over the next 24 hours, you will be given the chance to realize them before the year comes to an end. Ignore what other people expect of you. Do only what feels right to you.

H Pisces

Feb. 20 - March 20

You are coming to the end of a difficult phase, but you have to admit that the lessons it taught you were valuable, maybe priceless. Here's another one: Don't overreact and do anything stupid. SALLY BROMPTON

- 4. Animal enclosure
- 7. Alta. neighbour
- 12. Charity event
- 13. "Arrivederci!"
- 17. Conservative Party
- 20. Pecans and pistachios

- _: geological area that covers over half of Canada
- 25. 39.37 inches
- 31. Like some fine wines
- 32. Chess pieces
- for short
- 34. Canadian name for what is called soda in
- the US 35. Ontario and Great
- Slave
- 39. Low voice

- 45. Black-and-white "bear"
- 47. Vassal

From a Bank to a Failure

Across

- 1. BMO competitor
- 10. Of the mouth
- 14. Completely naked 15. Mounties, in short
- 16. Accompaniment for faiitas
- 19. Conflagration
- 21. Plant used to make poi
- 22. Impertinent talk
- 23. Canadian or Laurentian
- 27. Hiker's trail marker
- made of stones 28. de Cologne
- or cheeses
- 33. Black or yellow dogs,

- 36. Vice : in opposite order from that stated
- 37. Divvied up
- 40. Aardvark delicacies
- 41. Can of worms, perhaps 42. Black and wet
- 43. 1,000 kilogram units

- 51. Quaker _ uaker ___ cereal __ I care" (I don't 52. " care) (2 wds.)
- 53. Belle's boyfriend 54. Pete Townshend and Roger Daltrey's group, with "The"
- 55. Yukon's Logan and BC's Robson: abbr. 56. Satirical magazine that's been around since

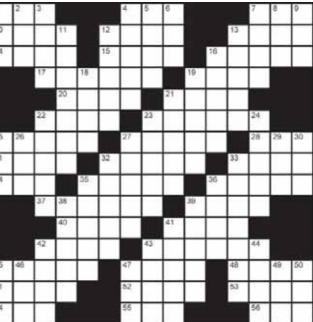
Down

1. Steal

the 1950s

- 2. Woman's under garment
- 3. Grocery store vehicle
- 4. Footsteps
- 5. Shade trees 6. 40 winks
- 7. World's longest river
- 8. Existed
- 9. "One customer (2 wds.)
- 11. Montréal singer-poet Cohen best known for
- "Suzanne" 12. 32-Down, familiarly
- 13. Christmas song
- 16. Ambulance alert 18. Deceptive man-
- oeuvre
- 19. County exhibitions 21. Loses weight, with
- "down"
- 22. Paces 23. Cut, as lumber
- 24. Honeys
- 25. You might go to the CAA for one
- 26. Bigheadedness 27. Baked desserts
- 30. Can. neighbour 32. Liberal
- (1963-68) (2 wds.)
- Ceylon
- 38. Poker players hold
- these
- Monster player Karloff
- 43. Exam
- 45. "Right in the kisser!"
- 46. What a dentist wants
- 47. I Am ___: 2001 Sean Penn movie

BY MICHAEL WIESENBERG



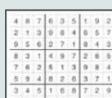
- 29. Belly muscles, for short
- 33. 14th PM Pearson
- _, formerly 35. Sri
- 36. Like Narcissus
- 39. Many visitors to Calgary come because of its
- proximity to this 41. Early Frankenstein's
- 42. Fascinated by
- 44. Appear
- preceder
- you to say
- 49. Small battery 50. Failure



at metronews.ca/



See today's answers answers.



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and

Friday's Sudoku

			_			_		
4	8	7	6.	3	5	1	9	2
2	1	3	9	0			5	7
9	5	6	2	7	1	ū	4	2
8	3	1	4	9	7	2	6	6
7	6	2	5	1	3	9	8	4
5	9	4	8	2	6	3	7	1
3	4	5	1	6	8	7	2	9
1	2	8	7	4	9	5	3	6
6	7	0	2	5	2	4	1	0

			2	4	3			
	2			5			6	
	1	3				4	7	
		7				3		
4		1		2		8		7
		9				1		
	4	8				6	9	
	3			9			1	
			5	8	6			

TODAY

TUESDAY







WEEKDAYS 5:30 AM





registration, insurance and down payment of 50, Wehicles may not be exactly as show models. Limited time fanarco difess available OAC.**Special bi-weekly purchase finant Model L2NBS13 Selling Pitce \$259664). The bi-weekly off month term amortized over an Balance of \$81 zplus applicable taxes is due at the end of 60-month period. 2013 SSA4. on units painted white in colour, other paint colours will cost extra. Don't pay for 120 d.